

What is commonly called a “miracle” is actually an expression of the Law of Least Effort

Deepak Chopra

When I separated from my husband after twenty years of marriage, I walked away with only the clothes on my back. I didn't even take my children with me. Their father wanted to keep them. I was certain I could manage on my own. I felt grateful and happy for the opportunity to start again. At that stage in my life, I knew that I was not going to find happiness in material things and therefore did not need possessions. Actually, the fewer I would have, the freer I would be.

A girlfriend of mine suggested that we move in together so that we could look for a bigger and more beautiful place. I thought that it was a good idea, and so we found a very beautiful townhouse. I would have never imagined that we would meet the requirements to rent it. But after we showed we had two incomes, we were approved.

Two days before signing the lease contract, my girlfriend called me to tell me that she had changed her mind and was going to move to Arizona. Right away I called the real estate agent to ask her to put the contract in my name. I told her that I would be the responsible party. The realtor did not have any problem doing that.

Soon after signing the one year lease contract and moving in, I started to receive all kinds of job offers. I soon realized that I would not have any problem paying the rent and that I wouldn't need to share my house with anyone.

Eight months after moving in, the owner called me and told me that he wanted to sell the house. He said that he knew I liked the house very much and was willing to give me first choice. If I were not interested, however, I would have to move by September.

I obviously wanted to buy the property and remain there, but with what? I had no money for the down payment, and being an accountant, I knew very well that I wouldn't qualify for a loan.

My intellect was telling me to start packing, yet something inside kept telling me that moving wasn't the best option. At that point I told myself: "If God thinks that this is the place for me, He will get me the loan, because I certainly don't know how to do it myself." I knew that I had to stand aside and allow it to happen. The best thing to do was to let go of any attachments, to trust and to surrender the issue to the universe.

In the end, the two people who had offered their help backed out. By the time the lease contract expired, I had not been able to get a loan. I called the owner and told him where I was at. I decided that rather than worry about what to say and what to do to convince him, I would surrender to the situation with trust and faith. I called him and explained my circumstances. To my surprise he replied: "Well Mabel, I

don't really think that this is a good moment to put the house up for sale. I am going to extend your contract. Write me an extension, send it to me by fax and I will sign it."

As it turned out, I didn't even need to call a loan broker. George, the person through whom I obtained my loan, called me on his own to offer his help, and before the extension was over, he got me the loan! Thank you George!

When we stop being attached to the results and stop worrying, we let go of the need to have opinions and to judge. We become aware that we don't really know anything, we surrender and we accept, finally experiencing the flow of life in which everything happens and comes to us in an easier way. God has put us on the earth with all that we need. If we look around we can see that everything that God created is infinite and abundant. Only human creations are lacking and limited. Birds fly without cares knowing that they will find what they need close by, right where they happen to be.

To manifest what we wish requires much FAITH and great TRUST. The universe only requires that we take this first step. If we trust and allow, all that we need comes to us. What is important is to know in our heart (not in our head) that God will provide, and to trust one hundred per cent. When we believe that our prayers are not being answered or when we don't see the results, it is not that we are not heard. Often we think of God as if He were our personal servant and we demand from him what we want, specifying how we want it, in what form, of which color and at what time. The universe doesn't work that way. It is necessary to ask without expectations, to request what we think is right for us and then to surrender to the process. God gives us what is right and perfect at every moment. The secret is to TRUST and to let go, to allow the flow of life to engulf us, and to be open to receive from the most unexpected place or person.

In his book *The Seven Spiritual Laws of Success*, Deepak Chopra explains: "It is human nature to make our dreams manifest into physical form, easily and effortlessly." Similarly, Emmet Fox in *The Sermon on the Mount* says: "We usually think that our financial resources come from our investments, from our businesses or from our bosses, but in reality, these are only channels through which we receive what the Eternal Source provides. The amount of channels is infinite. The Source is one. The way we receive our resources in the present might change tomorrow, because the change is the Cosmic Law of life manifestation." Later he adds, "If one channel closes, another will immediately open up".

The worst thing that we can do when a problem arises is to worry. By doing so, we get stuck, we remain trapped and we end up attracting precisely more of what we don't want. We are like magnets. Tell me what you think and I will tell you who you are. It is crucial to live in the NOW. We spend our lives living with our memories and experiences of the past or in the future with our worries. Money, like everything else, arrives when we need it, not before or after. The only thing that is necessary is to open our heart and to TRUST.

Someone once told me the following story: A woman came out of her house and saw three old men sitting in front of her yard. Since she didn't know them, she said to them, "I don't think I know you, but

you may be hungry. Please come into my house and have something to eat". "Is the man of the house in?" asked the old men. "No", she replied, "He is not here". "Then we cannot come in", they said. In the evening, when the husband arrived, the woman told him what had happened. The husband said, "Tell them that I am back and invite them to come in!" The woman went out to invite the men to come into her house. "We cannot come in at the same time", the old men explained. "Why?", asked the woman, wanting to know. At that moment, one of the men pointing to the other two said, "His name is Wealth and his Success. My name is Love. Go in and decide with your husband which one of us you wish to invite." The woman went and told her husband the story. The man became ecstatic. "How good! In that case, let us invite Wealth. Let's bring him in and fill our home with abundance. The wife did not agree. "Dear, why don't we invite Success?" The daughter of the couple, who was listening from the other end of the house, came running with an idea: "Wouldn't it be better to invite Love? Then our home would be filled with love". "Let's listen to our daughter", said the husband to his wife. "Go and invite Love to be our guest". The wife went out and asked the old men. "Who among you is Love? We want him to be our guest." Love got up and started to walk towards the house. The other two old men arose and followed him. Surprised, the woman inquired: "I only invited Love. Why are you also coming?" The old men answered at the same time: "If you had invited Wealth or Success, the other two would have remained outside. But you invited Love, and wherever Love goes, we go with him." Where there is love, there is wealth and success.

Money is not bad. On the contrary, what is bad is to give it top priority. When we do things for money, everything seems difficult. It comes and goes quickly and slips through our fingers. We must find what we love to do, what gives us happiness and satisfaction, that which we would be willing to do even if we didn't get paid. We are all born with certain skills and gifts that are unique to each of us. There is something that each of us can do better than anyone else. It is something within each of us and that doesn't necessarily require a college degree.

Abundance and prosperity have to do with our consciousness. When we know who we are, we realize that we have all that we need. In that moment, we are already wealthy. By opening our hearts, we allow for everything to manifest in our lives.